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Sometimes, you struggle for hours to figure out how to adjust the pitch on your recliner. I did that, too, a lot. But through research, I learned how to piece everything together. I noticed its not as complicated as I thought.Keep reading to learn how to adjust the pitch on your recliner. What is a Recliner Pitch?Source: FlaticonRecliners are versatile pieces of furniture that may be used in various reclining positions, from sitting up straight to laying completely flat.The angle formed between the recliners seat and back is known as its pitch, It is one of the most defining characteristics of a reclining chair.The chairs pitch affects how far back a recliner can go and how well it supports the user. The recliners pitch angle can be anywhere from 90 to 180 degrees, depending on the design, model, and manufacturer.A recliners ability to uniformly distribute a users weight, thereby reducing stress on the spine and joints, and encouraging good posture, depends on the recliners pitch.A chair with an adequately adjusted pitch can provide added comfort, particularly for people with back discomfort, arthritis, or other movement concerns. You should know how to change the pitch to get the most out of your chair.Different Types of Recliner PitchesThere are three primary categories of recliner pitches that you should understand.The zero-gravity recliner pitch equally distributes the users weight throughout their entire body, relieving pressure on their spine and joints. It is modeled after the posture that astronauts adopt before takeoff to lessen the effects of gravity on the body.The users legs are raised above the hearts level, improving blood flow and lessening edoema. Use the seats lever or controls to adjust the footrest and backrest concurrently to change the pitch of a zero-gravity recliner.Second off, theres the flat recliner pitch. A flat recliner pitch enables the user to entirely flatten out the chair, transforming it into a bed-like surface.Those who must take naps or spend a lot of time sleeping in their recliner should choose this recliner pitch. The backrest of a flat recliner must be manually pushed downward until the proper angle is achieved.Another popular recliner pitch is the standard recliner pitch. The user can adjust the chairs recline to various positions, from slightly inclined to recline. You must use the chairs lever to move the back and footrest separately to change the pitch of a typical recliner.Its crucial to remember that, according to their model, some recliners may offer a mix of various reclining pitches.How to Adjust a Manual Recliner PitchTypically, the reclining angle of a manual recliner is adjusted via a lever or handle situated on the side of the chair. A manual recliners pitch can be changed in the following ways:Put the recliner in the upright mode and take a seat.Find the side lever or handle to adjust the chairs recline.Lift the corresponding handle or lever to unlock the backrest and let it recline.Get into the ideal recline position, then let go of the lever or handle to secure the backrest in that position.Put your feet up on the footrest and relax.Just lift the handle or lever again, then push the backrest ahead until it locks into place to return the chair to its upright position.Over-reclining a manual recliner might cause it to topple over or cause harm to the mechanism. Follow manual instructions to prevent over-reclining!How to Adjust a Power Recliner PitchPower recliners are controlled electrically and typically come with a remote that lets you alter the recline angle and the placement of the footrest.If you own a motorized recliner, you can alter the recliners pitch by following these instructions:Sit in the recliner and plug it into a nearby power source.Find the recliners remote control and press the power button.You can alter the seats back and footrest incline by pushing a button on the remote.Release the buttons on the remote once youve reached the appropriate reclining position, and the chair will remain in that position.Check the owners handbook or contact the manufacturer if your power recliner is malfunctioning.Keep the power lead and remote control out of the reach of youngsters and dogs. Also, avoid placing the power recliner in direct sunlight, and remember that extreme temperatures and humidity can harm its electronic components.Here is a helpful table that will get you up to speed on everything you need to know. Common Issues with Recliner Pitch AdjustmentSince recliners are intricate, its common for the pitch to be off. Heres how to solve common issues that may arise:Your recliner wont go back to its flat position: A malfunctioning reclining mechanism, severed cable, or misplaced lever or handle could all be to blame for your chairs inability to be lowered. Find the source of the problem and attempt to correct it, or get in touch with an expert.If your recliner continues returning to its upright position, it may have a broken or worn-out locking mechanism. Replacing or readjusting specific components may be necessary to ensure adequate locking.If your chairs recline is not uniform, check for a loose screw, a broken cable, or damage to the frame. See if the issue can be located and fixed in the manual, or contact a technician for help.Reclining chair creating noises: If your recliner makes funny noises when you change the angle, it could be because of loose hardware, worn bearings, or broken springs. Find and correct the noises origin.If adjusting is hard, your recliner may have a loose cable, broken spring, and worn-out reclining mechanism. If you need help, it can be helpful to consult the manufacturers manual.Maintaining a clean and well-oiled recliner is an excellent general practice for keeping it in good shape and preventing wear and tear. Always clean, lubricate, and maintain your recliner with the best practices for cleaning in mind.Tips for Choosing the Right ReclinerYou may be wondering: How do I choose the right recliner that will be easily adjusted? For help in making your selection, please consider the following:Think about your physical make-up: Recliners come in a wide range of sizes, some suitable for taller people, some for short people. Try to find a recliner with a comfortable seat, footrest, and good back and lumbar support.Recliners come in various styles; some are manual, electric, or rockers, so getting the one that best suits your needs is vital.While deciding on a recliner, its essential to think about your preferences and requirements. A lift chair, as opposed to a manual or power recliner, may be preferable if you have trouble getting in and out, especially seniors.Recliners are an investment, so you must be sure youre getting one built out of sturdy materials. It would be best if you searched for a recliner that has a solid construction, durable fabric, and an excellent reclining mechanism.Make sure a chair is comfy and suits your needs by trying it out in the shop or showroom before purchasing. Verify that the footrest, reclining mechanism, and all other parts function correctly.Think about the furnishings in your house: You have to complement your home decor! Recliners come in a variety of styles. Find a recliner that blends well with the rest of your furniture.Recliners can be found at various price points, so its crucial to establish a spending limit to get the best bang for your buck. While deciding how much to spend, consider the recliners conveniences and quality.If you follow these guidelines, you should be able to find the perfect recliner for your home and enjoy it for many years. To find out how a recliner typically lasts, read our guide here.FAQHow do you adjust the tilt on a recliner?To adjust the tilt on a recliner, find the lever or button that activates the reclining mechanism, raise or press it, and then move the lever or button to the desired position. Recliner tension can be adjusted by depressing the adjustment lever or button and then releasing the lever or button. While sitting up straight, press the button or lever to revert to the upright position.Can a recliner footrest be adjusted?The footrest of a recliner chair is, in fact, adjustable. Most recliners have a lever or button on the side that may release the footrest and move it up or down to the desired height. The tightness of the footrest may also be modified via an adjustable mechanism on some recliners.How do you realign a recliner?Before properly realigning a chair, you must pinpoint the exact area you want to target. The next step is to try tightening and realigning the components by adjusting the screws and bolts in that location. Its best to get expert help if the misalignment is severe or if you need help making the necessary modifications.How do you adjust the tilt on a Lazy Boy chair?Find the grip or lever on the side of your Lazy Boy to change the tilt. Pull up on the handle or push the lever back to adjust the chairs backward tilt. If the chair is locked in place, release the handle or lever.While seated, push the footrest down to raise the chair back to a standing position. The knob under the chair can be turned to tighten or loosen the tension as necessary. Only adjust your Lazy Boy chair after consulting the manufacturers manual.Before You GoYou now know how to adjust the pitch on your recliner. But, it would be helpful for you to know how to fix your recliner also. Check our article below to learn about that.How To Fix Recliner ChairRelated Articles:How To Make a Recliner Headrest CoverTop 5 Best Recliner Camping Chair (Many of the links in this article redirect to a specific reviewed product. Your purchase of these products through affiliate links helps to generate commission for Storables.com, at no extra cost. Learn more) Welcome to the world of ultimate relaxation and comfortthe Lazy Boy recliner. Whether you've just purchased a brand-new Lazy Boy recliner or have been enjoying its luxurious comfort for years, knowing how to adjust it to your liking is essential for a truly personalized lounging experience.A Lazy Boy recliner is designed to provide optimal comfort and support, allowing you to kick back and unwind after a long day. However, as we all have unique preferences when it comes to lounging, being able to adjust the recliner to suit your specific needs is a game-changer. From finding the perfect reclining angle to adjusting the tension for effortless reclining, understanding the adjustment options available can make a world of difference in your relaxation routine.In this guide, we'll walk you through the step-by-step process of adjusting your Lazy Boy recliner to achieve the perfect level of comfort. Whether you prefer a more upright position for reading or a fully reclined stance for an afternoon nap, we've got you covered. So, grab your favorite beverage, kick off your shoes, and let's dive into the wonderful world of customizing your Lazy Boy recliner to fit your relaxation needs.Customize your Lazy Boy recliner for the ultimate relaxation by adjusting the reclining angle, footrest, tension, and lumbar support to suit your unique comfort preferences.Thoroughly test your customized recliner to ensure smooth operation and optimal comfort, creating a personalized haven for unwinding and relaxation. Adjusting your Lazy Boy recliner requires minimal tools and materials, making the process simple and straightforward. Before you begin, gather the following items:Clean Cloth: A soft, clean cloth to wipe down the recliner and ensure that the adjustment mechanism is free from any debris or dust.Lubricant: A suitable lubricant, such as a silicone-based spray or oil, to apply to the adjustment mechanism if it feels stiff or difficult to operate.User Manual: If available, the recliners user manual can provide valuable insights into the specific adjustment options and mechanisms for your particular model.With these basic tools and materials on hand, youll be well-prepared to adjust your Lazy Boy recliner with ease. Now that youre equipped with everything you need, lets move on to the step-by-step process of adjusting your recliner to achieve the perfect level of comfort. Before you can start customizing your Lazy Boy recliner, its essential to familiarize yourself with the various adjustment mechanisms built into the chair. While the specific location and type of adjustment controls may vary depending on the model, most Lazy Boy recliners feature the following common adjustment options:Handle or Lever: Many recliners are equipped with a handle or lever located on the side of the chair. This mechanism allows you to easily release the footrest and recline the chair to your desired position.Tension Adjusting Knob: Some models come with a tension adjusting knob, typically located beneath the seat or behind the backrest. This knob enables you to customize the reclining resistance, making it easier or more challenging to recline the chair based on your preference.Power Reclining Buttons: If you have a power recliner, the adjustment controls are often in the form of buttons located on the side of the chair or on a remote control. These buttons allow you to effortlessly adjust the reclining angle and footrest position at the touch of a button.Once youve identified the specific adjustment mechanisms on your Lazy Boy recliner, youre ready to proceed to the next step. Understanding the location and function of these controls is the first crucial step in tailoring your recliner to your comfort preferences.With the adjustment mechanisms located, its time to delve into the various customization options available to you. In the next step, well explore the different ways you can adjust your Lazy Boy recliner to create the perfect lounging experience. Now that youve located the adjustment mechanisms on your Lazy Boy recliner, its important to grasp the range of customization options at your disposal. Understanding how each adjustment option works will empower you to tailor the recliner to your unique comfort preferences. Here are the key adjustment options you may encounter:Reclining Angle: Whether its a manual handle, power buttons, or a lever, the reclining angle control allows you to adjust the chairs backrest to your preferred angle. This feature enables you to find the perfect position for relaxation, whether youre watching TV, reading, or simply unwinding.Footrest Extension: Many Lazy Boy recliners come with an extendable footrest that can be easily raised or lowered to support your legs and feet. This option is ideal for achieving optimal leg support and enhancing overall comfort.Tension Adjustment: If your recliner features a tension adjusting knob, you can fine-tune the resistance when reclining. This customization ensures that the reclining motion aligns with your desired level of effort, providing a personalized experience tailored to your comfort preferences.Lumbar Support: Some advanced models offer lumbar support adjustments, allowing you to modify the lower back support to alleviate discomfort and promote proper spinal alignment during extended periods of relaxation.By comprehending these adjustment options, youll be well-equipped to personalize your Lazy Boy recliner to suit your specific needs. Whether you prefer a more upright posture for reading and socializing or a fully reclined position for a rejuvenating nap, understanding these customization features is the key to unlocking the full potential of your recliner.With a clear understanding of the available adjustment options, youre now prepared to embark on the next crucial step: making the necessary adjustments to optimize your reclining experience. Lets dive into the process of customizing your Lazy Boy recliner to perfection in the following step.To adjust a Lazy Boy recliner, locate the adjustment knobs or levers on the sides of the chair. Use these to change the reclining angle and footrest position to your preference. With a firm grasp of the available adjustment options, its time to put your knowledge into action and begin customizing your Lazy Boy recliner to achieve the ultimate level of comfort. Follow these steps to make the necessary adjustments:Reclining Angle: If your recliner features a manual handle or lever, simply pull the handle or push the lever to release the footrest and recline the chair to your desired angle. For power recliners, use the designated buttons to adjust the reclining angle effortlessly.Footrest Extension: Raise or lower the footrest to the desired position using the designated lever, button, or handle. Ensure that the footrest provides adequate support for your legs and feet, promoting optimal relaxation.Tension Adjustment: If your recliner offers a tension adjusting knob, experiment with the knob to customize the resistance when reclining. Find the ideal tension that aligns with your comfort preferences, making the reclining motion effortless yet supportive.Lumbar Support: For recliners with adjustable lumbar support, modify the lower back support to suit your comfort needs. This feature is particularly beneficial for individuals seeking enhanced back support and spinal alignment during extended periods of lounging.As you make these adjustments, take the time to test each customization option to ensure that it aligns with your comfort preferences. Experiment with different reclining angles, footrest positions, and tension settings until you find the perfect combination that suits your relaxation routine.Throughout the adjustment process, remember to refer to your recliners user manual for specific guidance tailored to your model. The user manual can provide valuable insights into the recommended adjustment techniques and maintenance tips to ensure the longevity of your recliner.Now that youve successfully customized your Lazy Boy recliner to your liking, its time to move on to the final step: testing the recliner to ensure that the adjustments meet your comfort expectations. Lets explore this essential step in the next section.Read more: How To Repair A Lazy Boy ReclinerAfter making the necessary adjustments to your Lazy Boy recliner, its crucial to thoroughly test the customized settings to ensure that they align with your comfort expectations. Follow these steps to evaluate the recliners comfort and functionality:Reclining Motion: Test the reclining motion by adjusting the backrest to various angles. Ensure that the recliner smoothly transitions between positions, providing seamless and effortless adjustments.Footrest Support: Evaluate the footrests support and comfort by extending and retracting it multiple times. Confirm that the footrest maintains stability and offers optimal leg and foot support in different reclining positions.Tension and Resistance: Assess the tension adjustments by reclining the chair and gauging the level of resistance. Make any necessary fine-tuning to achieve the ideal balance between effortless reclining and adequate support.Lumbar Support: If your recliner features adjustable lumbar support, test the modified settings to ensure that the lower back receives adequate support and comfort during prolonged use.Throughout the testing process, pay attention to any creaking sounds, stiffness, or irregularities in the reclining mechanism. If you encounter any issues, consider applying a suitable lubricant to the adjustment components to enhance smooth operation.Additionally, take the time to sit in various positions and engage in activities such as reading, watching TV, or simply relaxing to gauge the overall comfort and support provided by the customized recliner settings.By thoroughly testing the recliner, you can fine-tune the adjustments as needed to create a personalized lounging experience that perfectly aligns with your comfort preferences. Once youre satisfied with the customized settings, youre ready to indulge in the luxurious comfort of your tailored Lazy Boy recliner.With the adjustments successfully made and tested, youve unlocked the full potential of your Lazy Boy recliner, tailored to provide the ultimate relaxation experience. Whether its unwinding after a long day or enjoying a leisurely weekend, your customized recliner is now perfectly poised to cater to your comfort needs.Now that youve mastered the art of adjusting your Lazy Boy recliner, you can look forward to countless moments of relaxation and tranquility in your personalized lounging haven. Congratulations! Youve embarked on a journey to transform your Lazy Boy recliner into a personalized oasis of comfort and relaxation. By understanding the adjustment mechanisms, exploring the customization options, and fine-tuning the settings to your liking, youve elevated your lounging experience to a whole new level.As you revel in the blissful comfort of your customized recliner, remember that the ability to tailor your lounging environment to your exact preferences is a luxury that enhances your well-being and quality of life. Whether its finding the perfect reclining angle for unwinding with a good book or adjusting the footrest to support your legs after a long day, your customized Lazy Boy recliner is a testament to the art of personalized relaxation.With each effortless recline and soothing moment of repose, your customized recliner becomes a cherished sanctuarya place where the stresses of the day melt away, and tranquility takes center stage. The subtle adjustments youve made have transformed your recliner into a haven uniquely tailored to your comfort needs.As you continue to enjoy the luxurious comfort of your customized Lazy Boy recliner, remember that periodic maintenance and care will ensure that it remains a steadfast companion in your relaxation routine. Regularly wipe down the recliner with a clean cloth, and if applicable, apply a suitable lubricant to the adjustment mechanisms to maintain smooth operation.By mastering the art of adjusting your Lazy Boy recliner, youve unlocked the door to a world of personalized relaxation, where every moment spent in its embrace is a testament to comfort, tranquility, and the simple joy of unwinding in style.So, kick back, sink into the plush comfort of your customized recliner, and savor the countless moments of relaxation that await you in your personalized haven of tranquility.QWhat are the different types of Lazy Boy recliners available for my living room?AThere are various types of Lazy Boy recliners available, including traditional recliners, power recliners, rocker recliners, and wall recliners. Each type offers different features and benefits to suit your comfort and style preferences.QHow do I adjust the reclining position of my Lazy Boy recliner?ATo adjust the reclining position of your Lazy Boy recliner, simply use the handle or power buttons to move the backrest and footrest to your desired position. You can easily find the most comfortable angle for reading, watching TV, or taking a nap.QCan I customize the fabric and color of my Lazy Boy recliner to match my living room decor?AYes, you can customize the fabric and color of your Lazy Boy recliner to complement your living room decor. There are various fabric options available, including leather, microfiber, and fabric upholstery, as well as a wide range of colors to choose from.QHow do I clean and maintain my Lazy Boy recliner to keep it looking new?ATo clean and maintain your Lazy Boy recliner, regularly vacuum or brush off any dust or debris, and spot clean any spills or stains with a mild detergent and water. Additionally, you can use leather conditioner or fabric protector to keep the upholstery looking fresh and new.QWhat are some tips for arranging Lazy Boy recliners in my living room for optimal comfort and style?AWhen arranging Lazy Boy recliners in your living room, consider the layout and flow of the space to ensure easy movement and accessibility. You can create a cozy seating area by placing the recliners facing each other or next to a coffee table, and adding accent pillows and throws for a stylish touch. At Storables.com, we guarantee accurate and reliable information. Our content, validated by Expert Board Contributors, is crafted following stringent Editorial Policies. We're committed to providing you with well-researched, expert-backed insights for all your informational needs. With the style and comfort that a Lazyboy recliner provides, every living room, family room and bachelor pad can benefit from it in terms of aesthetics and functionality. Being able to lay back after a hard days work and relax is what makes owning a Lazyboy recliner worth it. That is why when your feet arent touching the ground, you get frustrated, since you are unable to relax properly. This is a problem that you need to fix as soon as possible.Pitch Needs AdjustmentThe base of the Lazyboy recliner may be too high from the ground, and this is what prevents your feet from touching the floor. To solve this, the pitch needs to be adjusted downwards to lower the base.Perform the steps below to adjust the chairs pitch: You need to gain access to the chairs mechanism, which is located underneath its base. Flip the chair over in order to do this. Loosen the back screws on either side of the mechanism without removing it. Remove the front screws from the mechanism on either side. For the recliner to pitch downwards, grab the frame and slide it forward. This will lower the base. In the front of the base, there is a slot with grooves in it. You can place the front screws on the grooves on either side to determine the base setting for the pitch. There should be five grooves, which allows for up to five base settings. After the base settings are set, make sure that the back and front screws are tightened before turning the chair back over. Test to ensure the problem has been fixed (your feet are able to touch the floor).In order to see how to perform the above mentioned steps, the video below shows how simple performing the steps actually is. It takes you through the whole process of adjusting the pitch, with explanations of what is happening, and you can follow along to make sure that the recliners pitch is set downwards properly.Your Height is the Problem or the Recliner Just isnt for youYou might also just have to accept that you are too short if your feet dont touch the ground after you have adjusted the Lazyboy recliners pitch. Purchasing a footrest may be a better option for you in this case. You can also return the chair and get another model that suits you better or get a refund if the footrest is not an option.Purchase a FootrestThis is the best option if you are unable to perform a pitch adjustment. A footrest will easily restore the comfortability of the Lazyboy recliner by making sure your feet get the support they need, allowing you to relax better. On top of that, it will help with active sitting by enabling you perform the rocking motion and will also increase blood circulation to the legs. It is hard to achieve maximum relaxation in your Lazyboy recliner when your feet dont touch the ground. Not to mention that this can potentially cause back and circulation problems in the long-run. You need to get the best sitting experience you can from your Lazyboy recliner and ensure that your feet are adequately supported.Related Products As an Amazon Associate we earn from qualifying purchases.When you need to relax, what is the one place that you go to? There are high chances that you have a Lazy Boy recliner that comes to your rescue at that hour on need. This article is about how to adjust a Lazy Boy recliner to enjoy its comfort as much as possible. If you dont know how to adjust a Lazy Boy Recliner, here is a guide on doing it. First, Ill adjust the tension. The initial step towards doing the job well is gathering the right tools. Therefore, you should have the following: Pliers or multi-tool:If you are lucky enough, the multi-tool or plier may not be necessary. The hands can as well serve the purpose of turning the spring wing nuts. Another scenario is the nuts being too tight to turn with your bare hands since they tend to tighten more and more as time goes by. Flashlight:Again, this is not mandatory, especially if the lighting is excellent. So, only grab it if you feel that the available light isnt enough for the job. Flip your recliner in such a way that it is sitting on the leg rest or backrest. This move will help you locate the recliners pair of tension springs and thumb wheels or wing nuts since they are usually found under the seat. Each one of them is on either side of your reclining seat. Look for the nuts at the center or the back of the recliners bottom side. Whether you find thumb wheels or wing nuts depends on your model. For instance, if you have the Recline Glider Swivel, you will see a pair of thumbwheels for a recliner to swivel and move. On the other hand, the likes of Relina-Way and Recline-Rocker have wing nuts. Regardless of what you find, the adjustment process is the same. Now its time to put the pliers into use. However, how you adjust depends on the problem you had to begin with. If the recliner wouldnt recline smoothly on your wall, you must decrease the tension. To do so, loosen the thumbwheels or wing nuts by turning them anti-clockwise. After doing so, pushing your recliner will get easier, reducing stiffness and increasing comfort. On the other hand, if it is reclining too much, go ahead and increase the tension. In this case, tighten the thumbwheels or wing nuts by turning them clockwise or left. Consequently, it will become pretty hard to push your recliner back hence restoring its comfort. However, there is one thing you should never forget when adjusting your wing nuts or thumbwheels. Never loosen or tighten them all the way. Here is avideo on how to adjust the tension of a Lazy Boy recliner. After every half turn, test if your recliner is working to your liking. You will have to flip the Lazy Boy recliner back to its normal position. Sit on it and test if it is still too hard to push back or goes back too much. If that still the case, repeat the process and do that repeatedly until it works. Again, only do a half turn every time you adjust it, then test. Now comes the pitch. If the pitch is too high or too low, adjusting the pitch is the only way to solve it. It depends on whether it is too low or too high. In case it is too high, this is how you adjust it: Flip your recliner. It allows you to find the cam bolts since they are usually at the bottom of the recliner. Loosen those cam bolts Slide its frame up and back so that the chair goes closer to the floor Test it to confirm if it is now right by you. However, if it too low, you will have to slide its frame both down and forward. It will make the chair go further away from the floor. Similarly, test and confirm that the pitch is now excellent. Sometimes, even adjusting will not solve the issue of your recliner going down too much. If thats so, checking if the recliner cable is the problem should be a smart move. Upon confirming it, pull it until it is tight, and the recliner will be good to use. As long as you are using a Lazy Boy recliner, it has wing nuts or thumbwheels. However, sometimes they fall when they become too loose. Look whether they are still on the floor and if you cant find them,replace them with new ones. Preferably, contact your manufacturer to specify the best wing nuts or thumb wheels for your model. Even doctors believe that a recliner is an oasis of relaxation. But if the tension is too much or too little, dont expect it to feel too comfortable. The same case applies when if the pitch is too low or too high. With this guide handy, you will be able to adjust the tension and pitch of the recliner and enjoy the optimal comfort it offers. Knowing how to adjust a lazy boy recliner is really important. One of the primary advantages of a chair is that it has an adaptable backrest that provides great comfort to an aching back. But this advantage probably wont be completely enjoyable in case your chair tends to shift back too much or excessively little for your convenience. Ill discuss this and show you just what you need to do. Distinctive body types would pertain special pressures, and as such, you may observe that your recliner chair goes back a little too effortlessly; when you lean against the backrest, it is excessively stiff for your body type to give adequate strain. One can easily fine-tune their lazy boy recliner by regulating the tilt-back tension springs on the base of the recliner or whatsoever amendment mechanism is present. What this achieves is serving you can regulate the strain required to recline the chair toward the back. As such, you can adjust to formulate reclining backward easier or more complex. Pin This Now to Remember It Later Pin This Find it a little too hard to even consider pushing back or pull the switch of your Lazyboy chair? Or does it lean back a lot for ease? One of the highlights of Lazyboy chairs is that it permits strain change. This implies that you can change the strain on the leaning back system relying upon your size, built and fortitude for greatest solace. Assuming you are on the petite side, you might need to diminish the measure of power it would take to move back your chair by lessening the pressure. Then again, assuming that you are on the heavier side, you might need to amplify reclining mechanism tension to attain the ideal point. The best lazy boy recliner chairs for an individual ought to be perfectly adapted to their body weight or body type to provide overall comfort. This isnt always so, and fixes might should be made to the recliner mechanisms. The accompanying instruments might be needed to make said acclimations to the recliner chair it the pressure springs should be loosened or tightened: Contingent upon the lighting in the room housing your chair, you may require some additional illumination. Having a spotlight close to you would take care of any issues you may have seen effectively. You could have somebody hold the flashlight, or you could put it beside yourself. You can generally utilize your hands to turn the spring wing nuts, however the multi-apparatus might be needed because of your hands being too big to fit into the spaces accessible. Even if your hands fit, the springs will undoubtedly get harder to turn the tighter they get. In that capacity, the pliers could come in exceptionally helpful. You may sit with the bottom of the chair confronting the floor, however it cant be fixed or changed in that position so, the initial step is to flip the chair over. This ought to be done so that the chair sits on the backrest or the leg rest, with the base totally visible to you. It is important to look for the tension spring and classify the wing nuts that have to be attuned. They should be simple to spot. The procedure for fixing these wing nuts isnt entirely different from fixing or releasing a screw. In the event that you wish to make your chair more challenging to push back, you should turn the wing nut to one side, making your wing nut tighter simultaneously. Though, if you wish to create your Lazy Boy recliner easier to push back, your aim should be producing the wing nut looser, and rotating to the left would do the trick. It is likewise possible that your chair may be old, and turning the nuts is just a momentary measure that would need to be repeated consistently. In case you have a broken strain spring and needs replacing you can easily purchase one off Amazon. Make sure to classify the correct replacement for your recliner. For extreme comfort, ensure you keep your chair strain acclimated to suit your requirements. Recollect that Lazy Boy chairs are made for relaxation. With the right strain for your size and construct, your chair will give you precisely that relaxation and more from the second you sit, kick your shoes off, or lazy away. As prior stated, evaluate the impact of each half turn prior to making further turns. This is easy; flip the chair once again into its typical position and check whether the strain of the seat or the tension needed to shift is more appropriate for your body type and weight. On the off chance that it is, the pressure springs of your chair are simply ideally suited for your comfort however assuming it isnt, flip it back; add another half turn to both retest and nuts. Keep on doing the flip, turn, and test in anticipation of the recliner is just how you need it to be. You may also be interested in: How to Adjust a Lazy Boy Recliner The pitch of the recliner chair refers to the height of its frontage when the recliner is in its aloft place. Adjusting the pitch of the chair is just as simple as regulating the ease of reclining. To determine whether the pitch of your chair requires any change, you ought to maintain a sitting situation without leaning back. In the event that your feet arent contacting the floor, the pitch is excessively high, and if your knees twist while seating, the pitch is excessively low. In case you observe that the pitch is excessively high, tilt your seat to get to the base, relax the cam bolts and slide the frame up and back, carrying the chair nearer to the ground. However, assuming that the pitch of the chair is excessively low or short, simply slide the frame down and forward to drive the front of the seat further away from the ground. If your recliner leans back too far, there are a few easy fixes. First, check to see if the recliner has a tension knob. This is usually located under the chair, and tightening it can help to fix the problem. If there is no tension knob, or if tightening it doesnt work, you can try adding a weight to the front of the chair. This will help to balance out the recliner and keep it from tipping back. Finally, if all else fails, you can always sit in the recliner yourself! Just make sure to stay seated until youre ready to get up. With a little bit of trial and error, you should be able to find a fix that works for your recliner. One of the key elements of the Lazy Boy chairs is the capacity to change the pressure of the chair to suit your most comfortable position. This chair, as most very good quality chairs, can be adjusted when the purchase is made. However, this is no reason not to know how to change a Lazy Boy chair as age and wear could expect you to make comparable changes or fixes down the line. Rather than calling it in, waiting for an answer, and avoiding your chair till it is alright, why not get convenient, whip out your apparatuses and observe our diminutive guideline to fitting the tension in your recliner. All this can help you in saving your money and time. Have a look at the guide above to get a detailed insight. If you have any questions, please feel free to comment below. Pin This Now to Remember It Later Pin This ReclinerLand is reader-supported. We may earn a commission through products purchased using links on this page. Learn more about our process here One of the main benefits of a recliner is that it has an adjustable backrest that brings more comfort to an aching back. But this benefit might not be fully enjoyable if yourreclinertends to tilt back too much or too little for your convenience. Hence, knowing how to adjust a Lazy-Boy recliner is as important as buying one.Different body types would apply different pressures, and as such, you might find that your recliner always goes back a little too easily; when you rest against the backrest, it is too stiff for your body type to provide adequate pressure.You can easily adjust your La-Z-Boy recliner by adjusting the tilt-back tension springs Trusted Source How to Adjust La-Z-Boy Recliner Tension Did you know you can adjust the tension on your recliner at home? In this article and video, we'll show you how to adjust La-Z-Boy Recliner tension www.furnitureacademy.com on the bottom of the recliner or whatever adjustment mechanism is present. What this achieves is helping you can adjust the pressure required to recline the chair backward. As such, you can adjust to make reclining backward easier or more difficult.Tools requiredThebest La-Z-Boy reclinersfor an individual should be perfectly adjusted for their body weight or body type to provide total comfort. This isnt always so, andrepairs may need to be made to the recliner mechanisms. The following tools may be required to make said adjustments to the recliner if the tension springs need to be tightened or loosened:Pliers/multi-tool You can always use your hands to turn the spring wing nuts, but the multi-tool may be required due to your hands being too big to fit into the spaces available. Even if your hands fit, the springs are bound to get harder to turn the tighter they get. As such, the pliers could come in very handy.Flashlight Depending on the lighting in the room housing your recliner, you might require a little extra illumination. Having a flashlight beside you would solve any problems you might have seen correctly. You could have someone hold the flashlight, or you could place it beside yourself.Roll it overYou might sit with the bottom of the recliner facing the floor, but it cant be fixed or adjusted in that position so, the first step is to flip the recliner over. This should be done in such a way that the recliner sits on the backrest or the leg rest, with the bottom completely visible to you.Look for the tension spring s and identify the wing nuts that need to be adjusted. They should be easy to spot.Tightening or loosening the wing nutsThe procedure for tightening these wing nuts is not much different from tightening or loosening a screw. If you wish to make your recliner more challenging to push back, you should turn the wing nut to the right, making your wing nut tighter in the process.However, if you wish to make your La-Z-Boy recliner easier to push back, your goal should be making the wing nut looser, and turning to the left would do the trick. One of the most effective ways of balancing the tightening or loosening of the nuts while making it easier to assess the effect of turns is to make only half turns at a time and check on the effects of the turns until they are satisfactory. It is also possible that your recliner might be old, and turning the nuts is only a short-term measure that would have to be repeated regularly. In that case, you should consider getting a replacement. A good choice would be theEsright massage recliner chairor theLarkinhurst recliner form signature design.Dont forget to test itAs earlier stated, assess the effect of every half turn before making further turns. This isnt difficult; flip the recliner back into its normal position and see if the tension of the chair or the pressure required to tilt is more appropriate for your body type and weight.If it is, the tension springs of your recliner are just perfect for your comfort but if it isnt, flip it back, add another half turn to both nuts and retest.Keep going with the flip, turn, and test routine until the recliner is just how you need it to be.Pitch adjustmentThe pitch of the recliner refers to the height of its front when the recliner is in its upward position. Adjusting the pitch is just as easy as adjusting the ease of reclining.To determine if the pitch of your recliner requires any adjustment, you should maintain a sitting position without reclining. If your feet arent touching the floor, the pitch is too high, and if your knees bend while seating, the pitch is too low.If you find that the pitch is too high, tilt your chair to gain access to the bottom, loosen the cam bolts and slide the frame up and back, bringing the chair closer to the ground. However, if the pitch of the recliner is too low or short, slide the frame down and forward to push the front of the chair further away from the ground. The cam bolt should have multiple possible slots, each providing a new setting to try out. Pick the one that best satisfies you and test it to be sure. Final thoughtsOne of the key features of the La-Z-Boy recliners is the ability to adjust the tension of the recliner to suit your most comfortable position. This recliner, like mosthigh-end recliners, can be adjusted when the purchase is made.However, this is no reason not to know how to adjust a Lazy Boy recliner as age and wear could require you to make similar adjustments or repairs down the line. Rather than calling it in, waiting for a reply, and keeping away from your recliner till it is okay, why not get handy, whip out your tools and follow our little guideline to fixing the tension in your recliner.This would save you time, money and still gives the thrill of handiness that comes with repair work. 1. How to Adjust La-Z-Boy Recliner Tension Did you know you can adjust the tension on your recliner at home? In this article and video, we'll show you how to adjust La-Z-Boy Recliner tension 1Test your recliner's tension. "Recliner tension" refers to how easily the backrest of the recliner leans backward. Sit in the recliner and lean back against the backrest. [1]If it's too difficult to lean back, you'll need to decrease the recliner tension. It can also be a good idea to decrease the tension if you have a petite build since reclining the chair will then require less strength.If the recliner leans too far back for comfort, or if it leans back too easily, you may need to increase the recliner tension. This is usually a good idea for heavier individuals, taller individuals, and people needing firmer back support. 2Tilt the recliner forward. Make sure the back is in the upright position and the footrest is closed, and carefully tilt the entire recliner forward, to expose the underside of the chair.Rest the recliner on the front of the armrests and the top of its back. You may need both hands to adjust the tension, and the process will be difficult to complete if you attempt to hold the chair the entire time. Advertisement 3Look for an adjustment mechanism. Recliners with adjustable recliner tension should have a pair of thumb wheels or wing nuts beneath the seat. If no mechanism is present, you may not be able to adjust the tension.[2]Look for a thumb wheel or wing nut on the right and left of the underside of the chair. Each one should be positioned at the end of a bolt, and tension springs should be connected to the same bolt from the other side.The exact placement of the mechanism may vary by manufacturer and model, but in most cases, the mechanism can be found beneath the seat and toward the back of the recliner. In some instances, the mechanism might be positioned more toward the bottom center.4Rotate the mechanism. Turn the thumb wheels or wing nuts clockwise to increase the reclining tension. Turn them counterclockwise to decrease the tension.Both wing nuts and thumb wheels should be adjusted in the same way when you're dealing with recliner tension, so the basic instructions should remain the same.Try turning the mechanism with your fingers. If it feels too tight, you may need to use sturdy pliers instead.Work in small increments. Only turn each wheel or nut by a quarter turn each time, and repeat each adjustment on both sides of the chair to keep the tension even throughout.5Test the adjustment. Return the recliner to its upright position. Sit in the chair and check the recliner tension by extending the leg rest out and leaning back in the chair.If the recliner tension feels comfortable enough, you can end the process here and relax in your newly adjusted chair.If the recliner tension still feels too loose or too stiff, further adjustments will be needed.6Repeat as needed. Continue adjusting the recliners tension as needed by following the same steps. Close the footrest, tilt the chair forward, and rotate the adjustment mechanism in the proper direction.Only adjust the tension by one-quarter turns each time. It might seem tempting to make larger adjustments, but doing so will usually cause you to overcompensate and may adjust the tension too far in the other direction.Never loosen or tighten the adjustment mechanism all the way. Doing so can cause permanent damage to the tension spring.The tension spring should be unable to move on the bolt after your adjustments. If it does move around, it is too loose, and you should turn the mechanism at least one clockwise half-turn.Similarly, if the spring becomes completely compressed and too tight, turn the mechanism at least one counterclockwise half-turn to remedy the problem. Advertisement 1Turn your recliner over. With the footrest down and the back in an upright position, gently flip the recliner forward to reveal the frame underneath the seat of the recliner.2Identify the attachment points for the tension springs. Look on either side of the recliner for clips or tabs where springs attach. If the springs are still present, you just need to locate where they attach to the frame on either end of the spring.3Remove the old, damaged springs with pliers. Firmly grasp one end of the spring and disconnect the spring from the frame by pulling and twisting it loose with pliers.Be careful when removing the spring as it will be under high tension.Wear safety goggles to prevent eye damage from potential flying metal.4Purchase heavy duty replacement springs. The best springs to use in a recliner would be manufacturer replacement parts made for your recliner model.Contact a local recliner retailer to inquire if they provide replacement parts.Search online for recliner repair or parts dealers.If exact matches cant be found, ask a retailer which springs would be compatible with your recliner model.5Stretch the springs. Place a screwdriver through the loop on each end of the spring. Pull the spring apart gently. Slide a nickel in between each coil of the spring to separate the coils. You can also use washers in place of nickels.[3]6Install the springs. Connect one end of the spring to the attachment point of the frame. Using a pair of pliers, pull the spring to attach to the frame at the other end.Be extremely careful when working with springs under tension. Locking adjustable pliers are good to ensure you have a solid grip on the spring.7Remove the nickels separating the coils. Gently pull the nickels from between each coil with a pair of pliers. Once the nickels are removed the spring will return to its normal tension.Ensure the spring is securely attached at both ends prior to removing the nickels.8Return the recliner to the upright position to test the springs. Flip the recliner back over and sit in it. Lean against the backrest to test the tension of the springs. There should be some resistance when you lean the backrest back. If the resistance isnt right, you may need to try another set of springs. Advertisement 1Sit in the recliner in the upright position. Place your back against the backrest without reclining. Evaluate your recliners pitch for optimum comfort. "Recliner pitch" refers to the height of the chair front when the recliner is in its closed, upward position. You can usually adjust the pitch by altering the appropriate bolts at the bottom of the chair.If the recliner pitch is too high, your feet won't be able to touch the floor when you sit down. Adjust the pitch downward.If the recliner pitch is too low, your knees will bend upward and above the seat when you're sitting down, which may lead to discomfort and an unhealthy posture. Consider adjusting the pitch upward.2Tilt the recliner forward. With the back in an upright position and the leg rest closed, lean the entire recliner forward to expose the underside of the chair.Allow the recliner to rest on the top of its back and the tips of its armrests when you lean it forward. Doing so frees up both hands, making it easier to make the necessary adjustments to your chair.3Locate the cam bolts. You'll need to adjust the bolts holding the cam, or full base mechanism, securely in place. These bolts are typically located toward the center bottom of the chair.[4]Note that these bolts are not the same as your recliner tension bolts. Your recliner tension bolts feed into the recliner spring, but the cam bolts are located in the metal frame of your base mechanism.Typically, there should be a total of four bolts holding the frame in place. Look for two bolts at the back of the frame (one on either side of the chair) and two bolts at the front of the frame (one on either side of the chair).4Loosen the back bolts. Use an appropriately sized wrench to loosen the cam bolts on either side of the bottom mechanism.Make the bolts loose enough for you to wiggle the chair around, but do not loosen them completely. Do not remove the bolts or allow them to drop out of the frame.Note that cordless power ratchets might be easier to use than mechanical wrenches for this task. Either option should be acceptable, though.5Remove the front bolts. Using a wrench or cordless power ratchet, loosen and completely remove the two cam bolts at the front of the bottom mechanism.Unlike the back bolts, the front bolts must be completely removed. Keep them nearby and in a safe place, however, since you'll be needing them again soon.6Adjust the frame. Move the front of the frame up or down to adjust its position. Doing so will also adjust the recliner pitch.Slide the frame up and back to bring the front of the chair closer to the ground, to increase its front pitch. Push the frame down and forward to draw the front of the chair further away from the ground, thereby increasing its rear pitch.Look at the slot at the front of the cam. This area is where the front cam bolts fit. For most recliners, the slot has grooves that allow for five different settings, and two sets of holes for the bolts to fit through. In total, you can usually alter the pitch to as many as nine different settings.Even small adjustments can make a big difference in the pitch of the recliner once you test it out, so it's best to work in small increments.7Return the front bolts. Once you've positioned the cam as desired, insert the front bolts back into the bottom frame.Loosely twist the bolts into the correct holes using your fingers. Check the positioning before you continue. Both bolts should be fitted into the same position on either side of the chair.Once the bolts are properly positioned, use a wrench or power ratchet to tighten them securely in place.8Tighten the back bolts. Using a wrench or cordless power ratchet, completely tighten the back bolts of the recliner.Try to wiggle the bottom mechanism or frame after tightening all four bolts. It should remain firm and stationary. If not, check and re-tighten the bolts as needed.9Test the pitch. Return the chair to its upright position and sit down. Your feet should be able to touch the floor and your knees should be bent at an approximate right angle.To maintain proper posture, your body should be positioned in right angles at the knees, hips, and elbows. You should also have approximately 2 to 3 inches (5 to 7.6 cm) of space in between the edge of the chair and the back of your calf.If the pitch is correct, no further adjustments are needed. You can stop here and relax in your newly adjusted chair.If the pitch is still incorrect, continue adjusting it as needed to fix the problem. Repeat the same sequence of steps to make these additional adjustments. Advertisement Add New Question Question Can I bring my legs up higher than my heart? You may have trouble finding a chair that would lift your feet that high, but you could pile cushions or pillows under your feet to raise your legs above your heart. Question How do I stop it from squeaking? Try some WD-40. Question How do I adjust a recliner that is not sitting level from side to side (is slightly tilted)? Put a thin piece of wood under some of the legs until it is level. Folded paper works, too. See more answers Ask a Question Advertisement Thanks Thanks Advertisement This article was co-authored by wikiHow Staff. Our trained team of editors and researchers validate articles for accuracy and comprehensiveness. wikiHow's Content Management Team carefully monitors the work from our editorial staff to ensure that each article is backed by trusted research and meets our high quality standards. This article has been viewed 507,609 times. Co-authors: 11 Updated: February 24, 2025 Views:507,609 Categories: Chairs and Seating | Furniture Fixes Article SummaryXTo adjust a recliner chair, you can use the adjustment mechanism to increase or decrease the reclining tension. First, test the reclining tension by leaning back in the chair. If it's too easy or hard to lean back, you'll need to adjust the tension. To do this, make sure the back is upright and the footrest is closed, and tilt the chair forward onto its armrests. Then, look for an adjustment mechanism, like a thumb wheel or wing nut, on the underside of the chair. Once youve found the mechanism, turn it clockwise to increase the reclining tension or counterclockwise to decrease it. When youve adjusted the tension, sit the chair upright and test it. If the tensions still too strong or weak, repeat the process until youre happy with it. For more tips, including how to replace the tension springs in your recliner chair, read on! PrintSend fan mail to authors Thanks to all authors for creating a page that has been read 507,609 times. "I did a lot of web research before finding this article. It was the first one that enabled me to finally replace the broken spring myself without buying additional tools. The suggestion of decompressing the spring with nickels/washers was brilliant and worked for me."..." more Share your story

How to adjust the pitch of a lazy boy recliner. Can you adjust the pitch of a lazy boy recliner.