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birth plan

TheBump.com

Immediately after delivery, I would like:

<input type="checkbox"/> My partner to cut the umbilical cord <input type="checkbox"/> The umbilical cord to be cut only after it stops pulsating <input type="checkbox"/> To bank the cord blood <input type="checkbox"/> To donate the cord blood	<input type="checkbox"/> To deliver the placenta spontaneously and without assistance <input type="checkbox"/> To see the placenta before it is discarded <input type="checkbox"/> Not to be given Pitocin/oxytocin
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If a C-section is necessary, I would like:

<input type="checkbox"/> A second opinion <input type="checkbox"/> To make sure all other options have been exhausted <input type="checkbox"/> To stay conscious <input type="checkbox"/> My partner to remain with me the entire time <input type="checkbox"/> The screen lowered so I can watch baby come out	<input type="checkbox"/> My hands left free so I can touch the baby <input type="checkbox"/> The surgery explained as it happens <input type="checkbox"/> An epidural for anesthesia <input type="checkbox"/> My partner to hold the baby as soon as possible <input type="checkbox"/> To breastfeed in the recovery room
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I would like to hold baby:

 Immediately after delivery
 After suctioning
 After weighing
 After being wiped clean and swaddled
 Before eye drops/ointment are given

I would like to breastfeed:

 As soon as possible after delivery
 Before eye drops/ointment are given
 Later
 Never

I would like my family members:
(names:)

<input type="checkbox"/> To join me and baby immediately after delivery <input type="checkbox"/> To join me and baby in the room later	<input type="checkbox"/> Only to see baby in the nursery <input type="checkbox"/> To have unlimited visiting after birth
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Nama :

Umur :

Nama Suami :

Umur :

Alamat :

G.P.A :

HPL :

Proses persalinan adalah sebuah peristiwa yang sakral dan tentunya merupakan sebuah pengalaman yang tidak akan pernah terlupakan sepanjang hidup Saya. Saya menginginkan proses persalinan menjadi sebuah momen indah yang layak untuk dikenang. Saya dan suami telah mengetahui proses persalinan seperti apa yang ideal bagi keluarga kami. Untuk itu Kami merasa perlu membuat rencana persalinan sehingga setiap orang baik bidan dan dokter yang merawat saya tahu apa yang saya inginkan dalam proses persalinan nanti.

Sapa saja yang harus memiliki salinan rencana persalinan saya?

1. Saya, suami/pasangan, dan keluarga.
2. Bidan atau dokter yang merawat, baik nanti di ruang bersalin maupun ruang nifas.
3. Rumah sakit/ klinik bersalin/ bidan praktik swasta (BPS) tempat Anda memutuskan untuk bersalin nanti (agar ditempel di status).

Berikut ini beberapa point yang ingin saya tanyakan sebelumnya :

- Mobilitas selama persalinan (kala 1).
- Mencukur rambut pubis (ini sudah jarang dilakukan, namun beberapa rumah sakit masih mempunyai kebijakan ini).
- Pemasangan infus secara rutin (ini sudah jarang dilakukan, namun beberapa rumah sakit masih mempunyai kebijakan ini).
- Enema (baik di rumah atau tempat kelahiran) atau biasa disebut *huknah* atau *lavement* yaitu ibu bersalin diberikan cairan khusus melalui anus untuk merangsang agar buang air besar.
- Tindakan pemecahan ketuban.
- Kebebasan untuk memilih posisi persalinan (ingat posisi persalinan *lithotomy* atau telentang adalah posisi persalinan TERBURUK bagi ibu bersalin).
- Episiotomi.

My birth plan

Your first name: _____ Your surname: _____
 Name I like to be called: Le Catherine = Cathy: _____
 Your birthing companion's name(s): _____
 Your due date: _____

Is there a particular midwife you would like to be there if she / he is available?
 Yes No

If yes, midwife's name: _____
 Midwife's phone number: _____

Would you like your birthing partner(s) to be with you throughout labour?
 Yes Not necessarily

What position would you like to be in for the birth?
 Standing Squatting Kneeling
 Sitting In bed Side lying
 Birth stool Birth ball Water birth
 Other: _____

How would you like the atmosphere in the room?
 Quiet Low lighting Music/radio playing in the background
 Other: (please specify) _____

If possible, would you prefer to be cared for and delivered by a woman?
 Yes No I don't mind

Student midwives or medical students can provide invaluable support to parents during labour.

If possible, are you happy to have them present at the birth?
 Yes No I don't mind

Pain relief

Would you like any pain relief?
 Yes No Would like to be advised by midwife
 As little as possible I'd like to decide at the time

What pain relief would you like?
 Entonox (gas & air) Pethidine I don't mind
 TENS Epidural Birthing pool
 Alternative therapy i.e. massage, aromatherapy: _____

Other: _____

LABOUR & BIRTH "PLAN" FOR:

PARTICIPANT (PRINT BY) & PARTNER/LLM (PRINT BY) & SIGNATURES

COPING

3. NO ENCOURAGEMENT (W/3.503)

NO PAIN MANAGEMENT OVER 4.503

NO PAIN EXPLANATIONS (W/1.875)

NO PAIN POSITIONING (W/4.375)

- | | | |
|--|--|--|
| <input type="checkbox"/> NO PAIN | <input type="checkbox"/> NO PAIN | <input type="checkbox"/> PAIN MANAGEMENT |
| <input type="checkbox"/> PAIN MANAGEMENT | <input type="checkbox"/> PAIN MANAGEMENT | <input type="checkbox"/> PAIN MANAGEMENT |
| <input type="checkbox"/> PAIN | <input type="checkbox"/> PAIN | <input type="checkbox"/> PAIN |
| <input type="checkbox"/> PAIN | <input type="checkbox"/> PAIN | <input type="checkbox"/> PAIN |

OTHER NOTES

TOP NORMAL LABOR WORRY (FY)

IN CASE OF EMERGENCY

NEWBORN CARE

- | | | |
|-----------|--------------------------|--------------------------|
| | YES | NO |
| SEEK HELP | <input type="checkbox"/> | <input type="checkbox"/> |
| SEEK HELP | <input type="checkbox"/> | <input type="checkbox"/> |
| SEEK HELP | <input type="checkbox"/> | <input type="checkbox"/> |
| SEEK HELP | <input type="checkbox"/> | <input type="checkbox"/> |
| SEEK HELP | <input type="checkbox"/> | <input type="checkbox"/> |

GENERAL PHILOSOPHY

How do i create a birth plan. Birth plan template example. Birth plan template nsw health. What should a birth plan include. Written birth plan example.

The filtered chlorine is separated from the open water of 3 meters of the pool by the pool. 9-10 ^ Frances Polon. The Book of Sydney Suburbs, Angus & Robertson, 1990, pages 86-88 ^ "Drummoine Reservoir". To ensure the longevity of possession, since there were not quite sporting land in Sydney, the Glebe Balmain Club decided to change its name in the Drummoine District Rugby Football Club. There is also a small shopping square at this point. Drummoine's electoral seats generally return the majority of the liberal party. [8] The duplication of the Iron Cove bridge that looks towards Drummoine Transport Drummoine is linked to Rozelle by Victoria Road and Huntley Point from the Bridge. Glasville. REGIST OF THE STATE HERITAGE OF THE NEW SOUTH WALES. History William Wright, a merchant, Whaler and Seader acquired land in the northern part of the area in 1853. Sport Drummoine Rowing Club, formed in 1919, is one of the four rowing clubs on Iron Cove in the port of Sydney. It was rectangular flat with a toll roof with a concave veranda through the entire front and returned on each side. [3] He called him Drummoine Park after his family home in Drummoine in Clyde in Scotland. Drummoine is located six kilometers west of the central commercial district of Sydney and is the administrative center for the local government area of the bay of the City of Canada. Bay Run is a popular path for runners and walkers. The most common birth countries were 4.3%England, Italy 2.4%, New Zealand 2.3%, China 1.9%and Greece of 1.1%. ^ A b drummoine municipal council Drummoine heritage studio specialized relationship, pp. Drummoine hosts Drummoine Oval, located on the banks of the Parramatta river. Census 2016 Quickstats. In 1931, as a depression project, Drummoine Oval was built on the site of a small oval that the Glebe and the Balmain Rugby Union They had used junior games since 1892. Drummoine Presbyterian churches st Bada's church -designed in 1931 by Emil Sodersten St Mark Mark Churchwhere The Series Correlli was filmed Drummoine Presbyterian Church Drummoine Baptist Church Schools and colleges Drummoine Boys' High School Closed in 1990 Drummoine Public School St Mark's Primary School Gallery View of Five Dock, Looking South Across Parrah, Lyons River, Lyons River, Lyons, Lyons. Street the Oxford Hotel Iron Cove Bridge Birkenhead Point Outlet Center The Waratah window of the Anglican Church of St Bede, by Alfred Handel. In Gaelico, Drummoine means ridge with Topp. [4] Lists of the Drummoine Heritage has a number of sites listed in the heritage, including: Rawson Avenue: Drummoine Reservoir [5] Victoria Road: Glasville [6] Demonifones of the population in the census of the population and accommodation of 2016, the population Drummoine was 11,950 people, 53.0% females and 47.0% of males, with an average of 40 years. Other languages spoken at home included Italian 3.8%, Greek 3.1%, 1.9%mandarin, 1.5%Cantonese and Spanish 1.2%. The Canada Bay Civic Center, the administrative building for Canada Bay's city, is located in

